

Rectal Rocket Suppository Instructions and Guidelines

The Rectal Rocket was designed for the hemorrhoid patient so that part of the suppository is inserted into the rectum to treat internal hemorrhoids, while the larger flared end of the suppository remains on the outside to treat external hemorrhoids.

- The suppository should be used when the patient will be able to lie down for at least six hours.
- The suppository should be at room temperature when placed in the rectum.
- Wash hands thoroughly before and after insertion.
- Remove the suppository from the wrapper. Place the suppository under warm water for a few seconds before insertion.
- The diagram below identifies the proper placement of the rocket suppository in relationship to internal and external hemorrhoids.

*Patients should consult their physician if they are experiencing continued excessive bleeding (bright red blood) from their hemorrhoids.

