

PROGESTERONE

This drug information sheet is to be used as a guide for patient counseling on the use and possible side effects of this medication. This information is not to be used as a substitute for the pharmacist providing counseling or for information provided by your medical provider or other medical professional. This information is not intended to diagnose, treat, cure, or prevent any disease. If you feel you are having a medical problem, contact your health care provider.

Medication:

The compounded medication contains Progesterone that is a plant derived hormone.

Use:

It may be used as hormone replacement therapy, to maintain a pregnancy, aid in conception or any other condition as determined by the medical provider.

Side Effects:

Symptoms/side effects that may subside during treatment include:

Nausea, headaches, breast tenderness, dizziness, acne, skin discoloration, changes in menstrual flow (spotting, missed periods, heavy periods, breakthrough bleeding) and increased carbohydrate craving, weight changes or bloating.

If change in menstrual cycle becomes irregular, heavy, or more frequent, contact your provider.

Precautions:

Progesterone may affect thyroid or blood sugar levels. Patients should be aware that any current medications currently prescribed may require adjustments. Patients should contact their prescriber to let them know they are starting on progesterone therapy in the case this could affect the medications. Patient should also contact their provider in the case of a rash, itching, depression or swelling of ankles or hands/fingers. Patients should contact their provider immediately if they experience sudden/severe headache, loss of coordination, sudden loss of vision or changes in vision, chest pain, weakness, shortness of breath, slurred speech or numbness/pain in the arm or leg. If you notice any effects not listed above but of concern, contact your health care provider.

Directions:

This medication may be administered as a vaginal cream or suppository, an oral capsule, sublingual lozenge or drops as well as a transdermal cream or gel. Patients should follow the directions provided by the medical provider and/or the pharmacist. Patients should not exceed the dose prescribed. The medication should be stored as directed. Please check with your pharmacy regarding missed doses.