

IODINE

This drug information sheet is to be used as a guide for patient counseling on the use and possible side effects of this medication. This information is not to be used as a substitute for the pharmacist providing counseling or for information provided by your medical provider or other medical professional. This information is not intended to diagnose, treat, cure, or prevent any disease. If you feel you are having a medical problem, contact your health care provider.

Medication:

The compounded medication contains Iodine which is an essential element.

Use:

It may be used when levels are low to help maintain thyroid function. It has also shown benefit to help with fibrocystic breasts as well as breast cancer (shown in some studies).

Side Effects:

Symptoms/side effects that may subside during treatment include hair loss, acne-type skin lesions, unpleasant brassy taste, increased salivation and/or sneezing, and heart palpitations.

Precautions:

If you notice any effects not listed above but of concern, contact your health care provider.

Directions:

This medication is usually provided as an oral capsule or a liquid. Patients should follow the directions provided by the medical provider and/or the pharmacist. Patients should not exceed the dose prescribed. The medication should be stored as directed.