

ESTROGEN

(Estriol, Estradiol, Estrone)

This drug information sheet is to be used as a guide for patient counseling on the use and possible side effects of this medication. This information is not to be used as a substitute for the pharmacist providing counseling or for information provided by your medical provider or other medical professional. This information is not intended to diagnose, treat, cure, or prevent any disease. If you feel you are having a medical problem, contact your health care provider.

Medication:

The compounded medication contains one or more of the following: estrogens, estriol, estradiol or estrone that is a plant derived hormone(s).

Use:

It may be used as hormone replacement therapy after a hysterectomy, during menopause or perimenopause if indicated, for premature ovarian failure, bladder or urinary tract function, osteoporosis, and vaginal atrophy/dryness, improving blood lipid profile, ischemic heart disease and Alzheimer's disease.

Side Effects:

Symptoms/side effects that could be dose-related and may subside during treatment include nausea, headaches, breast tenderness/swelling, dizziness, bloating and weight gain, fluid retention, mood swings, depression, and changes in menstrual flow (spotting, heavy periods, breakthrough bleeding). If your menstrual cycle becomes irregular, heavy, or more frequent, contact your practitioner.

Precautions:

Patients should not use estrogen during pregnancy. Estrogen use could be contraindicated for those with a personal or family history of breast, ovarian, or endometrial cancer. Oral estrogen could be contraindicated for patients with a history of DVT (deep vein thrombosis). Patients should contact their prescriber if they experience unexplained vaginal bleeding, sudden/severe headache, loss of coordination, sudden loss of or changes in vision, chest pain, weakness, shortness of breath, or slurred speech or numbness/pain in the arm or leg. If you notice any effects not listed above but of concern, contact your health care provider.

Directions:

This medication may be administered as a vaginal cream or suppository, an oral capsule, sublingual lozenge, as well as a transdermal cream or gel. Patients should follow the directions provided by the medical provider and/or the pharmacist. Patients should not exceed the dose prescribed. The medication should be stored as directed. Please check with your pharmacy regarding missed doses.